





## Helpline

Every year our national Helpline receives more than 5,000 calls for help from bereaved parents and their families. Each family is put in touch with their nearest volunteer who will offer them local support - support that will continue, free of charge, for as long as the parents and family want it.

Since its founding in 1969, The Compassionate Friends has supported more than 50,000 parents and families bereaved after the death of a son or daughter.

*"I thought no one would ever understand how I was feeling until I contacted TCF"*

## Online

The TCF website has become an important part of the support we offer with over 120,000 visitors per year. An increasing number of people choose to make their first contact with TCF online and there is now a thriving community of families who share their feelings and thoughts and make many new online friendships.

[www.tcf.org.uk](http://www.tcf.org.uk)

## Understanding

The ongoing support a bereaved family receives will have an effect on how they are able to cope and come to terms with their loss. Equally important is the support they receive at the time of their loved one's death and shortly afterwards. TCF is working with the police, coroners, clergy, funeral directors, healthcare workers, schools, employers and the media, to ensure they too are able to help the bereaved in a sympathetic and meaningful manner. We are doing this by increasing awareness of the issues faced by the newly bereaved by providing guidance and training. This is an ongoing objective, which will gradually be increased to other appropriate areas.

The main aim of The Compassionate Friends is to offer support to all parents and their families after the death of a son or daughter. And now more than ever, we need your help to ensure that we can continue to do so.

Your subscription to Friends of TCF would help us to pay for our

- Helpline
- Local support groups
- Publications
- Website
- Postal Library
- Awareness programmes

Please help us to support bereaved parents and their families by becoming a Friend of TCF.

## Becoming a Friend of TCF

Most of your subscription will go towards the cost of our services to bereaved parents and their families, and we would wish to keep you in touch with what is happening in the charity. We will send you our quarterly information magazine TCF News to do just that. If you choose not to receive TCF News we will simply send you an annual renewal form and letter of thanks.

### Subscriptions

Individual	£15 (annual), £2.00 (per month), £200 (life subscription)
Family	£18 (annual), £2.50 (per month), £250 (life subscription)

I/We wish to support the work of TCF by becoming a Friend of TCF

I/We do not wish to become a Friend of TCF but would like to make a donation

I/We cannot support TCF at this time so please remove my/our details from your records

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Postcode \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

I DO NOT wish to receive TCF News

From time to time we may wish to send you details about fundraising events, Christmas cards etc. Please tick here if you DO NOT wish to receive such items

Gift Aid Declaration: I am a UK tax payer and I want to Gift Aid all subscriptions or donations I make to TCF from 6th April 2000