

# NEW North East England supportive weekend for bereaved parents

## Strength for Today, Hope for Tomorrow

### at The Park Head Hotel Bishop Auckland County Durham DL14 8QB

## Friday 21 – Sunday 23 September 2018





Come and meet with others who understand, and immerse yourself in the comfort and warmth of a dedicated team of bereaved parent supporters. The weekend will be a mixture of discussions and informal activities which you are free to participate in as much or as little as you want. Most of all, this is an opportunity to spend a few days away with people who truly understand what it means to be a bereaved parent.

The **Park Head Hotel** is situated on the outskirts of Bishop Auckland and easily accessible from the A1, in the heart of County Durham. The Park Head is renowned for its friendly atmosphere, service and delicious locally sourced homemade food. We can arrange lifts from Bishop Auckland station if you are coming by train.



For **donating members** of TCF the weekend cost is  $\pounds199$  per person.

For **non-donating members** of TCF the weekend cost is £229 per person (including one year's donating membership of TCF).

These rates cover **full board** from 4.00 pm Friday afternoon through to Sunday lunch. A licensed bar is available (at additional cost).

Places are limited, so **please book early** and by **30 June 2018**.

We ask for full payment at time of booking. If this causes you hardship please let us know and we may be able to help.



There are some **bursaries available** to fund part of the costs of the weekend to those experiencing financial hardship. If you would be interested in applying for one of these, please ask us for a bursary application for.

This weekend is primarily for bereaved parents. Adult siblings would be welcome to attend if accompanying a parent (and willing to share a room) but there will not be a separate sibling programme at the weekend.

Here are some comments from parents who have attended recent supportive weekends ...

"It has been wonderful being with people who understand and be able to share our stories and lovely memories of our lovely children."

#### "This has truly been a weekend of compassion and friendship...Being amongst recently bereaved parents, but with the kindness, support and wisdom of those further along the path was exactly the right mix."

"A wonderful, caring atmosphere. All the volunteers made us all feel so welcome and loved, with our children at the very heart of this gathering."

"...everything was well run and done so in a very sympathetic way. All the people attending, including those from compassionate friends, were all bereaved parents or siblings. It mattered not if you became upset or cried. Everyone there knew how we felt. No masks were put on or had to be put on."

**Feeling unsure?** If you would like reassurance or to talk through anything about the weekend please contact Liz Leake on 01759 303341 (if no answer please leave a message and Liz will get back to you).

See overleaf to book...



## Weekend for bereaved parents

TO BOOK

### Bishop Auckland, County Durham 21 – 23 September 2018

#### Complete the booking form **BELOW** and post it to us with FULL PAYMENT at: **The Compassionate Friends**, **Kilburn Grange**, **Priory Park Road**, **London NW6 7UJ**

Or, email to info@tcf.org.uk or call us on 0345 120 3785

Or book online at <u>www.tcf.org.uk/northeastweekend2018</u>

Person 1: Name
Person 2: Name
Address
Postcode
TelephoneEmail
Dietary requirements
Disability requirements
Child's full name
Date of death Age at death
Cause of death
Is this son or daughter your only child? <u>YES/NO</u> (we ask you these questions so that we can get the weekend right for you)
Please tick and indicate as appropriate: I enclose my payment for single/double/twin bedroom at £199 per person (donating members) or £229 (non-donating members): TOTAL enclosed
£

I would like to contribute towards the **Bursary Fund** for this weekend to allow others with financial limitations to attend, and include an additional donation of

CANCELLATIONS

£